



# Spring Camp Suggested Kit List

## 1. **First Rule: PLEASE PACK YOUR OWN GEAR!**

This way YOU will know what has been packed, and maybe even where it is located. Mom/Dad are encouraged to help, but may NOT do it for you.

2. Please keep in mind we will be spending ALL of our time outside.
3. A good habit we can learn, is to pack clothing in the large Ziploc (or similar type) bags. Things will always stay dry, and this also helps kids keep their clothes sorted, dirty from clean. It also doesn't hurt to toss in an extra bag or two, just in case particular items become moist or dirty. You can also sit on the Ziplocs as you are closing them, and get all of the air out of the clothes.
4. Please label everything, with your name or initials. For those hard to label items, like cutlery, or cups/bowls/plates, I have a power etching tool we can use at our next meeting, and I will happily put your initials/name on items for you. (permanent)
5. We will be hiking in, so arriving self-contained and ready to go (ie: backpack/bag with everything on or in it) is necessary. Patrol gear, will be hauled by us as well.
6. **NO garbage bag packing**, please. They simply don't stand up to any wear and tear.

As we go through the rest of the kit list, please bear in mind that the Spring can be a challenging time of year for weather, and so we try to **Be Prepared** for any circumstances. Some items may look odd, or seem redundant, but better to bring home some extra clean socks, than to have wet cold feet. (sweat-laden socks, are the #1 cause of cold feet – IF YOUR FEET ARE COLD, CHANGE YOUR SOCKS.

The clothing listed below, is in **ADDITION** to appropriate layers of clothing worn for arrival on Friday night. As previously discussed, multiple thin layers, is the way to stay warm, and allow for adjustments in temperature. Further, changing the layers closest to the skin, to remove things like wet (sweaty) socks, is the best way to stay warm!

### CLOTHES:

2 pairs of underwear  
7 pairs of good cotton sweat socks, or a mix of sweat socks and nylon socks  
2 pairs heavy woollen socks  
1 pairs long underwear (or fleece pyjamas will work too)  
3 t-shirts  
3 pairs of long normal pants (no jeans or 100% cotton, they don't wick sweat)  
3 Long Sleeved Shirts (turtle necks are best if you have)  
2 Sweat shirts/sweaters

### OUTER WEAR:

Water repellent coat (preferably with hood), or regular coat plus rain poncho.  
Water repellent outer pants, if possible. (good in tall wet grass)  
Hiking or rubber Boots  
A pair of large freezer ziplocks, just in case of moist boots  
Warm winter hat (may get cold at night)  
Scarf or neck warmer  
1 pair of warm mitts or gloves (scouts always seem to get them wet somehow)  
(water repellent mitts are best!)  
1 pair insulated leather work gloves (*these seem to be useful, working in the bush when we don't want to wreck up a nice pair of gloves*)  
\* As you can see, we're trying to be ready for any weather.

### TOILET ITEMS:

Toothbrush and paste, soap and wash cloth (yes, we will encourage washing!)

### EATING UTENSILS:

~~Unbreakable plate, bowl, cup, knife, fork, and spoon. (see labelling note above)~~  
~~Please put in a Mesh laundry Bag, dishes will be hung to dry in the bags~~

### BEDROLL:

Cool Weather Sleeping bag (or two placed one inside the other)  
Foam ground mattress (or self-inflating mat, or similar)

### Other Items:

Scout uniform with group Necker, for arrival and departure.  
A flash light or lantern, with extras batteries  
Your personal survival kit (details below)  
Wide-mouth canteen or water bottle  
Camp knife

**ANY MEDICATIONS: ARE TO BE PUT IN A ZIPLOC BAG AND CLEARLY LABELED WITH INSTRUCTIONS. PLEASE GIVE TO SCOUTER UPON ARRIVAL TO CAMP.**

**Similarly, any special needs, sleeping habits, or other concerns, can be jotted down and handed in at arrival time.**

**Equipment Sources:** Both the Scout Shop, and Canadian Tire or Wal-Mart's camping sections, have good options, for anything you don't already have. Feel free to call the Scout Shop before driving down, and ask questions... Brenda is very helpful there, and carry everything you could ever need. (905) 528-4662 *(they're also generally cheaper, and the profits benefit Scouting)*

**Questions? –Ask!**

***There are no stupid questions. (905) 692-0693 – Scouter Andy***

### **Emergency/Survival Kit**

Part of your Basic Scoutcraft Badge, show a Scouter that you have completed it, and then always bring it along.

The basic premise is, a small watertight kit, that each Scout will carry with them, when on hikes or at camp, containing basic items to assist with either normal camping, or short term survival in the event of an emergency in the woods.

It is a requirement of most camps, that each Scout have their kit with them, so please finish, refresh/check yours and bring it along.

The size of the box, is dependant of course on the size of the items, but could be something as simple as a small sandwich size Tupperware. (with your name on it of course, and labelled for what it is)

Here is a list of suggested items, which you may of course enhance if you wish: (it's an all-season list)

Emergency food (bouillon cubes, soup packets, or the like)  
Energy snack (sealed granola bar, or the like)  
Matches (waterproofed, or in container)  
Compass  
Insect repellent  
Small folding knife  
Fishing line  
Fish hooks/lures  
Thin wire (3m, snare wire)  
First aid adhesive tape  
Sealed Gauze Pad  
Pencil/Paper  
Aluminum foil (3 sheets square – or more, folded up small and flat)  
Water purification tablets  
Whistle  
Good fabric adhesive bandages  
Mirror (or other reflective signal device, like an old CD)  
Fire-starter material or candle  
Reminder notes, on what to do when lost.

Questions?  
Ask