



# Winter Camp Kit List

## 1. **First Rule: PLEASE PACK YOUR OWN GEAR!**

This way YOU will know what has been packed, and maybe even where it is located.

Mom/Dad are encouraged to help, but **may NOT do it for you.**

2. Please keep in mind we will be spending most of our time outside.
3. A good habit we can learn, is to pack clothing in the large Ziploc (or similar type) bags. Things will always stay dry, and this also helps keep clothes sorted, dirty from clean. It also doesn't hurt to toss in an extra bag or two, just in case particular items become moist or dirty. You can also sit on the Ziplocs as you are closing them, and get all of the air out of the clothes.
4. Please label everything, with your name or initials. For those hard to label items, use an etching tool. (I have one you can borrow)
5. We will be hiking in, so arriving self-contained and ready to go (ie: backpack/bag with everything on or in it) is necessary. No loose objects, **no garbage bags**. Patrol gear, will be hauled by us as well, on toboggans.
6. If you don't have a backpack, we have some Troop loaners you are most welcome to borrow, just ask. Same goes for extra sleeping bags, or a ground foam pad.  
**OR** – use a duffel/hockey bag with EVERYTHING in it, strapped down to a sturdy plastic sled you can drag is equally practical, as long as you help carry group gear as well.

As we go through the rest of the kit list, we try to ***Be Prepared*** for any circumstances. Some items may look odd, or seem redundant, but better to bring home some extra clean socks, than to have wet cold feet. (sweat-laden socks, are the #1 cause of cold feet – IF YOUR FEET ARE COLD, put on a hat and CHANGE YOUR SOCKS.

The clothing listed below, is in **ADDITION** to appropriate layers of clothing worn for arrival on Friday night.

As previously discussed, multiple thin layers, is the way to stay warm, and allow for adjustments in temperature. Further, changing the layers closest to the skin, to remove things like wet (sweaty) socks, is the best way to stay warm!

Take them OFF, put DRY ones on, and hang the WET ones up to dry. (things will still dry, in the winter)

**Value Village or Good-Will stores, can be an excellent and CHEAP source of camp clothes.**

CLOTHES:

- 2 pairs of underwear
- 2 pairs long underwear (or tight pyjamas will work too, right next to the skin)
- 6 (or more) pairs of thin nylon/synthetic socks (dress socks) to wear next to the skin
- 4 (or more) pairs heavy woollen socks for over the dress socks
- Extra socks (you can never have too many)
- 3 t-shirts, or undershirts
- 3 pairs of long normal or fleece pants (no jeans or 100% cotton, they don't wick sweat)
- 3 Long Sleeved Shirts (turtle necks are best if you have)
- 2 Sweat shirts/sweaters

OUTER WEAR: Truly water repellent long winter coat (preferably with hood)  
Cheapie rain poncho that folds up small (just in case!!) or bring a garbage bag  
Water repellent outer pants (snow pants are ok, but not best, and only if water shedding)  
Gators are best (nylon x-country skiing outers that cover boots up to knees, and have drawstrings to keep snow out of boots)  
Kamik-style winter boots (waterproof outers, with a warm separate inner liner)  
Spare boot liners (if you already have them)  
2 Warm winter hats (or balaclavas) (one kept dry for sleeping in)  
2 Scarves or neck warmers (ideal)  
3 pairs of warm mitts, with water repellent exterior.  
2 pairs of thin gloves to wear UNDER mitts  
1 pair insulated leather work gloves (*these seem to be useful, working in the bush when we don't want to wreck up a nice pair of winter gloves*)

TOILET ITEMS: Toothbrush and paste

EATING UTENSILS: Supplied in Patrol Boxes

BEDROLL: Winter Sleeping bag (or two placed one inside the other)  
Dense Foam ground mattress (the sturdier blue or yellow ones)  
Heat reflective ground sheet (optional but good to have, another blanket under you, is an alternative, 3 layers under, for each one over)

Other Items: Camp uniform is our group Necker.  
A flash light, with extras batteries (and KNOW where it is)  
Your personal survival kit (details below)  
Wide-mouth canteen or water bottle  
Camp knife if you own one  
Sunglasses or Skiing goggles  
Some Heavy-Duty ziplocks that would fit over your feet (large freezer ones work)

**ANY MEDICATIONS: ARE TO BE PUT IN A ZIPLOC BAG AND CLEARLY LABELED WITH INSTRUCTIONS. PLEASE GIVE TO SCOUTER UPON ARRIVAL TO CAMP.**

**Similarly, any special needs, sleeping habits, or other concerns, can be jotted down and handed in at arrival time.**

**Equipment Sources:** Both the Scout Shop, and Canadian Tire or Wal-Mart's camping sections, have good options, for anything you don't already have. Feel free to call the Scout Shop before driving down, and ask questions... they are very helpful there, and carry everything you could ever need.  
(905) 528-4662 *(they're also generally cheaper, and the profits benefit Scouting)*

Value Village, and similar stores, as mentioned above for extra clothing at cheaper prices.

***Questions? –Ask!***

***There are no stupid questions. (905) 692-0693 – Scouter Andy***

## Emergency/Survival Kit

It is a **requirement of this camp**, that each Scout have their kit with them, so please finish and bring them. Make sure you have it present, at the meeting prior to the camp, with the rest of your gear.

The size of the box, is dependant of course on the size of the items, but could be something as simple as a small sandwich size Tupperware. (with your name on it of course, and labelled for what it is; ie: "EMERG KIT – JOHNNY SMITH)

Here is a fairly standard list of suggested items, which you may of course enhance if you wish: (it's an all-season list)

Emergency food (bouillon cubes, soup packets, or the like)  
Energy snack (sealed granola bar, or the like)  
Matches (waterproofed, or in container)  
Compass  
Insect repellent (you may want to remove this item in the winter)  
Small folding knife  
Fishing line  
Fish hooks/lures  
Thin wire (3m, snare wire)  
First aid adhesive tape  
Sealed Gauze Pad  
Pencil/Paper  
Aluminum foil (3 sheets square – or more, folded up small and flat)  
Water purification tablets  
Whistle  
Good fabric adhesive bandages  
Mirror (or other reflective signal device, like an old CD)  
Fire-starter material or candle  
Deck of playing cards  
Reminder notes, on what to do when lost. (below)

Questions? -Ask



### **I am Lost... What do I do?**

- \* Stay calm and relax. Someone will come to find you.
  - \* Do not climb a tree or hide under logs, **STAY IN ONE PLACE**
  - \* If you are with a friend or pet, stay together
  - \* Keep warm and dry. Cover your head and zip up your jacket  
You can use a garbage bag to make a poncho  
Do not lie on bare ground. It will make you colder
  - \* Protect yourself from wind and rain by finding a sheltered place near a clearing
  - \* If night comes, make a survival shelter or bed to keep you off the ground and keep you dry
  - \* Make a small fire if it is a cold night
  - \* Put out something bright for searchers to see such as a bandana or coloured garbage bag
  - \* Make 3 signals - fires, whistles or yells - to alert searchers to your location
  - \* Wild animals don't like to be near people. If they sense you are near they will run away.
  - \* If you hear a noise, make a noise back. If it is an animal it will run away. If it is someone searching for you then they will find you.
  - \* Remember, Mom and Dad won't be made because you are lost, they will be very happy to see you again.
  - \* Sing, whistle or tell yourself a story if it helps to make you feel better.
- \*\*\* Always S.T.O.P. - Stop, Think, Observe and Plan. Decide on a plan and stick to it. If the last know location is within a reasonable distance, try to go back to it but if you can't find any recognizable landmarks then stay put.